

VOLCANO VISTA

CROSS COUNTRY

LETTERING REQUIREMENTS:

FULFILL ANY OF THE FOLLOWING:

- 1. RUN IN 5+ VARSITY MEETS**
- 2. SCORE (TOP 5 ON TEAM) IN 3+ VARSITY MEETS**
- 3. SCORE (TOP 5 ON TEAM) AT DISTRICT**
- 4. SCORE (TOP 5 ON TEAM) AT STATE**
- 5. BEST TIME ON THE RIO RANCHO COURSE BEATS THAT OF A TOP 5 RUNNER FROM A TOP 10 TEAM AT THE STATE MEET**